



Job Title: The Aurora Project Treatment Programme Therapists (Sessional / Bank)
Location: Nottingham City Centre / East Midlands
Reporting to: Dr Kerensa Hocken, Safer Living Foundation Clinical Lead, (HMP Whatton) and Caroline Webster, Aurora Project Treatment Manager, (Safer Living Foundation)
Salary Range: £20.00 an hour
Contract: Up to 5 hours per week. Flexible working hours required (Evenings and Weekends / This is dependent upon referral intake)

Role Outline

We are looking for several Aurora Project Treatment Programme Therapists to deliver an innovative and new community based treatment intervention to prevent first time sexual offending. As the first of its kind in the UK, you will be at the cutting edge of treatment intervention and research; delivering sexual offence prevention groups and individual treatments where appropriate. This is a unique opportunity to be involved in delivering prevention interventions and will be excellent career development, offering training, clinical and research opportunities.

The Safer Living Foundation, Aurora Project, began running the UK's first sexual offence prevention group in 2018. The programme works with people who have not committed sexual offences but are having thoughts that if acted upon, would lead to a sexual offence. We are looking to recruit programme therapists to be part of this exciting project.

You should already be experienced in working therapeutically with people who commit sexual offences and be comfortable using a compassionate approach. The prevention programme will use third wave CBT techniques in which you will be trained. The programme will run on evenings and weekends so applicants must be prepared to work these hours. It is expected that therapists will work up to 5 hours per week with an hourly rate of pay of £20.

We are a fairly new charity and as the project develops, we aim for pay, and further opportunities to increase, depending upon funding that we receive.

Safer Living Foundation

Background

The Safer Living Foundation (SLF) is a Charitable Incorporated Organisation that has been set up as a collaboration between Whatton prison, Nottingham Trent University, the National Probation Trust (East Midlands), Nottinghamshire Police, Age UK and Circles UK representatives. Our aims are to promote for the benefit of the public the protection of people from, and the prevention of, sexual crime and to promote for the public benefit the rehabilitation of persons who have committed or are likely to commit offences, particularly sexual offences against others.



SLF Aurora Project

The aim of the Aurora project is to provide an intervention to prevent first time sexual offending. Treatment will be offered to adults who self-identify as having an offence related sexual interest or have concerns that they may commit a sexual offence. The project will offer treatment to clients regardless of the focus of their interest (e.g. children, adults etc.).

Aims and objectives

- To provide a free treatment service for individuals who are concerned about their sexual interests and/or that they may sexually offend with the aim of helping these individuals to manage their sexual interests and prevent potential abuse from occurring. This type of service does not currently exist in the UK.
- To gather and use evidence-based best practice and service-user involvement which will underpin all aspects of the Aurora project.

Core Responsibilities

- Responsible for the quality of delivery of the Aurora project treatment programme which includes the preparation, engagement, selection, facilitation, assessment, reporting and ongoing support of Aurora project service-users.
- To engage in supervision and continuing professional skill development (CPD).
- Ensure that in all aspects of professional activity (e.g. communication with service users, referrers, colleagues and in the assessment, development/delivery of interventions) issues of diversity such as race, identity, culture, sexuality and gender are sensitively considered and incorporated to reflect individual differences appropriately.
- To assist in the development of methodologies for evaluation of SLF projects and to gather and collate information needed for such evaluation.
- The responsibilities listed above are a brief outline of the core responsibilities and is not intended to be exhaustive. The Job holder is expected to accept reasonable alterations and additional tasks of a similar level that may be necessary.

Competencies

For the purpose of selection the following competencies will be measured:

- Effective team member and ability to work autonomously



- Ability to relate and communicate positively, effectively and professionally with others
- Be assertive and consistent in following and/or enforcing policies
- Work calmly and respond courteously when under pressure; accepting direction
- Ability to engage in clinical supervision and continued professional development
- Showing care, drive, resilience and a passion for high quality care

Experience and Skills

Essential Criteria

The successful candidate will need to demonstrate:

- Considerable knowledge of and experience in delivering assessment and treatment services to adults convicted of sexual offences
- Knowledge of the criminal justice system and risk management of individuals who have committed a sexual offence
- Knowledge and experience of intervention groups
- Knowledge of child safeguarding policy and provision
- Strong communication skills, including the ability to present ideas clearly, both orally and in writing, to a wide variety of people
- Confident and assertive individual with the ability to remain calm under pressure
- Ability to work effectively and co-operatively as part of a team
- Computer literacy including familiarity with Windows, Word, Excel and email
- Good time management and administration skills
- Ability to promote equal opportunity – treating all people with fairness, dignity and respect and to challenge discriminatory behaviour, upholding and fostering diversity

Desirable Criteria

The successful candidate will ideally demonstrate:

- Experience of delivering CBT
- Some knowledge of ACT and/or CFT approaches
- Knowledge of risk assessment

Essential Information

The post holders will be supervised by Dr Kerensa Hocken, Safer Living Foundation Clinical Lead and line managed by Caroline Webster, The Aurora Project Treatment Manager. They will work closely with the rest of the trustees and other members of the charity.

The office base will be located in Nottingham city centre and post holders will be expected to meet with colleagues in HMP Whatton and Nottingham Trent University and to attend team meetings or events scheduled throughout the year.



Candidates will be subject to enhanced prison vetting (appointment will be subject to this being completed satisfactorily) and a probationary period. All candidates are required to declare whether they are a member of a group or organisation which the Safer Living Foundation considers to be racist and should be committed to diversity and equality.

Correspondence with us

You are advised to regularly check your emails (including any junk mail/spam folders) for correspondence related to this post. If you do not hear from us within three weeks of the closing date then please assume you have not been successful on this occasion.

Closing date for applications: NA

Expected date for interview: NA

Note. We will accept applications on a rolling basis.

Please email an up to date CV and covering letter (outlining your relevant experience and how you meet the job requirements) to Caroline Webster (Aurora Project Treatment Manager, Safer Living Foundation) caroline.webster@ntu.ac.uk

For an informal discussion about the role, please contact Dr Kerensa Hocken, Safer Living Foundation Clinical Lead, HMP Whatton kerensa.hocken@justice.gov.uk or contact the SLF Aurora Project: 0115 848 4707